

EmpowerLinc Health Assessment Services



“Treat the Person, Not the Condition”

CuraLinc Healthcare’s Health Assessment Services are vital tools for any organization wanting to assess the collective health of their employee population. The results of these measurement tools can help a client plan targeted interventions tailored to the unique needs of the organization.

• **Health Risk Assessment Tests** CuraLinc Healthcare’s proprietary Health Risk Assessment (HRA) test is designed to improve health through individual assessments followed up by member-specific intervention, self-care programs and healthy lifestyle initiatives. The EmpowerLinc HRA, which is compliant with Title I of the Genetic Information Nondiscrimination Act of 2008 (GINA), collects individual health-related, clinical, behavioral and demographic information, including medical history, preventative care status, health habits, life experiences and personal safety habits.

- **Delivery Options:** The HRA can be taken online or via paper and pencil.
- **Bi-Lingual:** Both the online and paper and pencil assessments are available in English and Spanish.
- **Custom Questions, Look and Feel:** CuraLinc can tailor the HRA to the unique needs of each client.
- **Reporting:** In addition to a detailed personal health analysis for the participant, CuraLinc provides Executive Summary and Aggregate Summary Reports to all clients, which present an overall snapshot of the entire assessed population.

• **Onsite Biometric Screenings** CuraLinc’s biometric screenings collect pertinent health-related information and are a key component to early detection of diseases and conditions. These screenings are typically provided to clients as an integrated complement to the Health Risk Assessment test. CuraLinc will provide qualified personnel to administer the screenings and will consult with individuals regarding their results.

- **“Quad Screen”:** CuraLinc’s most popular screening option, also known as a “Quad Screen”, is a finger-stick method that measures blood pressure, total cholesterol, HDL, cholesterol ratio, glucose and body fat.
- **Teachable Moments:** CuraLinc provides Health Coaches for every screening event, to work with members immediately after the results of their screening are known.
- **Remote Employees:** CuraLinc has screening options for organizations with employees who are not centrally located.

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HEALTH & WELLNESS PROGRAMS

Screening Options

CuraLinc Healthcare's onsite screenings can measure and/or deliver any of the following:

- Blood Pressure
- Body Fat
- Cholesterol (HDL, LDL, Ratio)
- Glucose
- Full Lipid Panel / Triglycerides
- Height and Weight
- Kidney Disease Screenings
- Cancer Prevention Screenings
- CBC: Complete Blood Count (WBC, RBC, etc.)
- Waist-to-Hip Ratio
- HbA1c
- Bone Density
- Pulmonary Function
- Colorectal Cancer
- Flu Shots
- Thyroid Disease

EmpowerLinc Process Flow

The EmpowerLinc program typically starts with the administration of a Health Risk Assessment test and Biometric Screenings. CuraLinc will use that information, along with claims data, to create member profiles and classify members into risk-specific categories. From there, the member is guided into a coaching or care management component that is specific to his or her individual condition.

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